

# Incredible Kids

## Incredible Trustees Information Pack



# Welcome!

Our aim here at Incredible Kids is to offer a safe, friendly and welcoming environment for families of children with additional needs. Based in Bristol we support families from across the South West.

We hope this pack will answer any questions you have about Incredible Kids and becoming a trustee.

We are a family-led grassroots charity set up overnight by a group of parents in 2012 after being saddened at the loss of their specialist play facility.

Today we welcome over 6000 visitors a year and are a lifeline for the local community. Born out of a need for companionship and support and held together with love and compassion.



# Could you be our next trustee?

- 1 Christian run, open to all.** The charity is motivated by Christian compassion and all Trustees are expected to have a Christian commitment and to uphold our ethos, aims and objectives.
- 2 Professional skills** Can you help us take forward our business plan to have a permanent dedicated space. We are seeking individuals with professional skills that would contribute to our project. We are a fast moving, responsive charity and look for trustees who value this. Previous board/trustee experience is not necessary and we welcome applications from all ages and backgrounds
- 3 Attend our meetings in Bristol** we meet at Aztect West 4 times a year as well as informal working groups in between. We are looking for active trustees with around 6-8 hours a month to give to the work we do. All reasonable expenses are reimbursed.





## Prepared for meetings

We expect trustees to prepare well for our meetings by

- reading and scrutinising any papers sent to them in advance.
- Letting us know whether you can attend
- Actively asking questions and contributing
- Preparing reports for any areas you have taken responsibility for
- Choosing great biscuits (optional)

## Role of a trustee at Incredible Kids

You'll have overall strategic oversight for the charity. You won't get overly involved in the day to day running of our work but ensure we

- stay focussed on our **mission**.
- make strong **decisions**
- set effective **policies**
- support and **constructively advise** service management
- ensure we manage our **finances** well
- Providing **guidance** on new initiatives
- Sitting on recruitment and disciplinary and grievance **panels**
- Reviewing **funding applications**



# Our commitment to you

- **An Induction and training** – a trustee induction pack and online induction. There will be some training you'll need to do when you start like safeguarding.
- **Reimbursable expenses** - this is a voluntary role but reasonable expenses will be reimbursed.
- **Give you the opportunity to develop new skills** – there is so much potential to learn new skills as a trustee.
- **Networking Opportunities** - there are many opportunities to network with other professionals to develop new contacts.
- **Influence an innovative project** - the work we do changes lives and makes a difference to thousands of people. Will you be part of that?
- **A rewarding role** - being involved with Incredible Kids has been very rewarding for everyone at every level of the charity. Make a difference to families that have young people with additional needs.

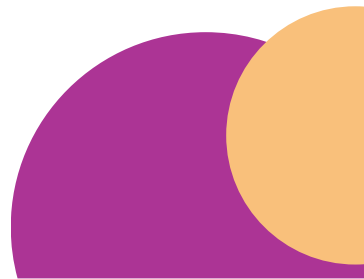


# Incredible Statutory Duties



The Charity Commission list the statutory duties of a trustee as:

- To ensure that the organisation **complies with its governing document, charity law, company law** and any other relevant legislation or regulations
- To ensure that the organisation **pursues its objectives** as defined in its governing document
- To ensure the organisation **uses its resources** exclusively in pursuance of its objectives.
- To **contribute actively** to the board of trustees' role in giving firm **strategic direction** to the organisation, setting overall policy, defining goals and setting targets and evaluating performance against agreed targets
- To **safeguard** the good name and values of the organisation.
- To ensure the effective and efficient **administration** of the organisation
- To ensure the **financial stability** of the organisation o To protect and manage the property of the charity and to ensure the proper investment of the charity's funds



# What we do

Incredible Kids provides play and support sessions for disabled children and young people and their families. Our aim is to create an inclusive and welcoming space where disabled young people aged 0-25, their siblings, and parent carers can come together to experience acceptance, mutual support, and a sense of belonging.

We support the whole family which includes direct play work by trained playworkers to engage children in fun and meaningful play. Parents and carers are supported with a listening ear and information on how to access other services. Incredible Kids is a Christian run charity, all trustees are Christian and our service is open to all regardless of faith.

## Our Aims

**Reduce social isolation** for children and young people with additional needs, their siblings and parent/carers.

**Increase wellbeing** of children and young people with additional needs, their siblings and their parent carers.

**Support child development** through our play workers who enable children and young people with additional needs to engage in meaningful play

**Increase knowledge and resilience** of parent carers in their ability to parent and to access services for their children and young people

## Our Activities

Our core service is for all ages and additional needs together. Alongside this we have Incredible Teens, Incredible Girls, Incredible Pathological Demand Avoidance, Incredible Under 8s, Incredible New Family's.

Our services are extremely flexible so each session can be turned into a unique support group or themed session to meet the needs of our members. Last summer we set up midweek pop-up sessions in a new venue to offer more support to families.



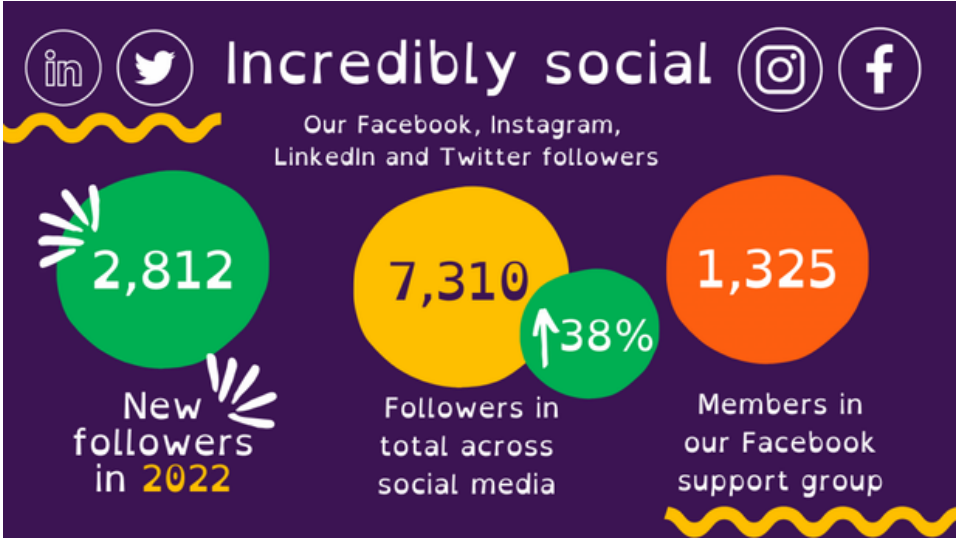
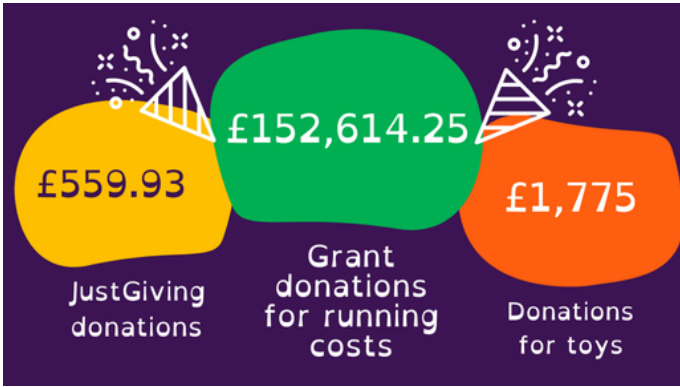


## Our Impact

We ran a survey to find out how we've helped families.

- 100% of families told us their children had tried new things at Incredible Kids
- 96% of families felt less isolated as a result of Incredible Kids
- 98% of families said their child had fun at Incredible Kids
- 98% of families said our playworkers helped their child to have fun
- 91% of families said their child felt more confident because of Incredible Kids
- 96% of families said their children were happier because of Incredible Kids
- 73% of families said Incredible Kids helped them access other support
- 100% of families said Incredible Kids helped them to get out of the house
- 91% of families said Incredible Kids had helped them to cope
- 98% of families look forward to coming back to Incredible Kids
- 98% of families would recommend Incredible Kids





# What families say...

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"I feel supported by an amazing community."

"My mum felt relief when first coming to Incredible Kids as she got to talk with other parents and felt less lonely"

"Since visiting for the first time, our kids now want to come every week...They feel confident and safe in this environment."

"Incredible Kids has been a lifesaver for me, it's the first place that my child has wanted to socialise."

"I like talking with the playworkers because they listen to me and make me feel more positive"



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# Want to help make disabled children smile?

## Talk to us!

We would love to know if you are interested in becoming a trustee, or even if you're not - tell us what you thought about our information pack and the role we've shared.



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